

MARATHON K1 and K2 ASSESSMENT RACE

Hosted by Worcester Canoe Club

SATURDAY 28th & 29th August

VENUE: Worcester Canoe Club, Grandstand Road, Worcester, WR1 3EJ.
Check in, refreshments, results, prize giving at Canoe Club.

PARKING: Parking by Worcester Canoe Club in Grandstand car park.

TIMETABLE:

Saturday K1 Assessment

11.00 – 12.15	Check in
12.15 – 12.30	Briefing – all Classes
12.30– 13:00	Launching All Classes
13:00	First Start (Senior Men) then every 2min

Sunday K2 Assessment

10.00 – 11.15	Check in
11.15 – 11.30	Briefing – all Classes
11.30– 12:00	Launching All Classes
12:00	First Start (Senior Men) then every 2min

COURSES: All paddlers will enter water by the clubhouse steps and when exiting the water take instruction from the marshals as in most cases other classes will still be racing.

Senior Men	7 x 4.3 km Laps with 6 portages (1 per lap except the final lap)
Senior Ladies	6 x 4.3 km Laps with 5 portages (1 per lap except the final lap)
Junior Men	5 x 4.3 km Laps with 4 portages (1 per lap except the final lap)
Junior Ladies	4 x 4.3 km Laps with 3 portages (1 per lap except the final lap)

SAFETY: All paddlers in ranked in Divisions 7 to 9 **must** wear approved life jackets or buoyancy aids, irrespective of the class entered. Team leaders to decide if paddlers in higher divisions should wear buoyancy aids based on weather conditions.

REFRESHMENTS: Competitors refreshments after the Race and other refreshments will also be on sale for paddlers and spectators in the club house

RULES: The race will be run in accordance with the current BCU Marathon Rules. All competitors **must** be Comprehensive BCU/Canoe England/WCA/SCA/CANI members, or members of the Junior Section of a BCU Affiliated Club. A current BCU or Junior Section Card **must** be shown at check-in. Paddlers without proof of membership will not be permitted to race. **Seniors**

Seniors £7/seat Juniors £5 /seat
LATE ENTRY FEE ADDITIONAL £1.00/SEAT

